

YOGA FOR *skiers*

1



2



3



4



5



6



7



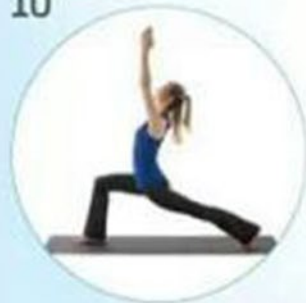
8



9



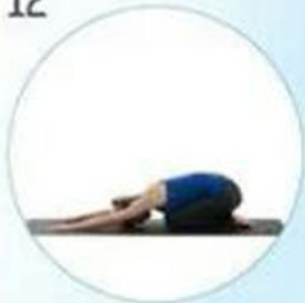
10



11



12



More yoga sequences like
this are available in OM Magazine!

www.ommagazine.com

omyoga
Always

Subscribe Today!